JANUARY 2022

UB TUNED IN

STAY UP TO DATE WITH ALL UPWARD BOUND NEWS!



2022 is here, and that means UB weekly meetings will be starting again soon! The first 2 meetings will be "virtual" meetings that you can do on your own time. We will meet in-person starting the week of Jan. 24. See the next page for details!

This month we will focus on **MOTIVATION, HOPE, & HAPPINESS.** We will also be updating our <u>Raise.me</u> and My Coalition accounts!

CONTACT US

Leigh Ann Adams Director ladams@vhcc.edu 276-739-2506

Stacey Dorton Academic Coordinator sdorton@vhcc.edu 276-739-2507

Ella Ratcliffe-Sutherland Office Manager eratcliffe@vhcc.edu 276-739-2479



WEEKLY MEETINGS

Week of Jan 10 (Virtual)
All you have to do is answer 1
question!

We will post a link to that question on social media and in an email, or you can scan the QR code below.



Week of Jan 17 (virtual)

Based on how you answered that 1 question, you will receive a short assignment on virtualjobshadow.com to complete.

Week of Jan 24

We will start our in-person meetings at your school this week. Be sure to check your email and social media for dates, times, & locations!

Complete each of these to earn your stipend!

WEEKLY MEETING THEMES FOR THIS SEMESTER

January: Motivation, Hope, &

Happiness

February: Academic Planning

March: Money Matters

April: ABC's of Employment

IMPORTANT DATES & EVENTS THIS MONTH

Jan 24

ACT Registration Deadline for 2/12
Test

Jan 18 @ 6:30

VHCC Parent Night at Patrick Henry High School

Jan 30 @ 1pm-6pm

Virtual College Fair (NACAC)

IMPRORTANT UPCOMING DATES & EVENTS

VHCC Parent Nights

VHS: Feb 1 @ 5:30 (for Seniors) & 6:30 (for Underclassmen) NHS: Feb 10 @ 6:30-7:30

Feb 8 @ 4pm-8pm

Performing & Visual Arts Virtual College Fair (NACAC)

Feb 11

SAT Registration Deadline for 3/12 Test

Feb 12 ACT Test

Feb 15 @ 6:00

Upward Bound Academic Planning Workshop @ VHCC. Dinner will be provided!

Feb 15 @ 9am-12pm & 6pm-8pm Virtual College Fair (NACAC)

Feb 16 @ 8pm-9pm

Ask Us Anything: College Admissions (Coalition for College)

Feb 24 @ 4pm-8pm

STEM Virtual College Fair (NACAC)

Feb 25

ACT Registration Deadline for 4/2 Test

All events & registration links can be found on our interactive website calendar: www.vhcc.edu/upwardbound

JUNIORS

This semester is a great time to take your first SAT or ACT test. This will give you time to practice and improve before taking it again during your Senior year. As an Upward Bound Student, you are eligible to take each test up to 2 times for free. Please let Leigh Ann or Stacey know if you need a voucher. Want to know which test is best for you? Take a short quiz here

<u>www.kaptest.com/sat/sat-vs-act</u> to find out! Be sure to study and practice using your <u>www.khanacademy.org</u> account!!







interactive career exploration

This is available for you to use anytime to look up career information!

Go to: www.virtualjobshadow.com and click on "Login"

Username: First letter of first name, last name, birthdate (ex: jdoe01012003) **Password**: VHCCUpwardBound2020



Students, don't forget that you have access to FREE TUTORING 24/7!

Go to: www.brainfuse.com and click on "Login"

Username: First letter of first name, last name, birthdate (ex: jdoe01012003)

Password: VHCCUpwardBound2020





UB TUNED IN

STAY UP TO DATE WITH SCHOLARSHIP DEADLINES!

Jan 1, April 1, July 1, Oct 1: Employment BOOST Scholarship www.employmentboost.com/scholarship

Jan 3: Virginia Council on Women—STEM Scholarship
www.women.virginia.gov/stem-essay-contest

Jan 6: GE-Reagan Foundation Scholarship Program www.reaganfoundation.org/education/ www.reaganfoundation-scholarship-programs/ge-reagan-foundation-scholarship-program

Jan 9: Ron Brown Scholar Program https://ronbrown.org/apply/ron-brown-scholarship/

Jan 11: FFA Scholarships www.ffa.org/participate/grants-and-scholarships/scholarships

Jan 11: Live Mas Scholarship—Taco Bell Foundation www.tacobellfoundation.org/live-mas-scholarship

Jan 12: Virginia DAR Nursing Scholarship www.virginiadar.org/about/#scholarships

Jan 12: Virginia DAR Scholarship—All Majors
www.virginiadar.org/about/#scholarships

Jan 14: VA JCI Senate Scholarship https://usjcisenate.org/scholarship-program

Jan 14: John F. Kennedy-Profile of Courage Essay Contest www.jfklibrary.org/learn/education/profile-in-courage-essay-contest/eligibility-and-requirements

Jan 20: National Beta Scholarships (Beta Club) www.betaclub.org/scholarship/scholarship-info

Jan 31: Better Business Bureau Student of Integrity Scholarship https://www.bbb.org/local/0613/scholarship

Feb. 28: Scholars Helping Collars Scholarship www.petplay.com/scholarship